

Sustained Hypoglycemia Reduction Using eGlycemic Management System® to Manage Insulin Infusion Therapy Among Critical Care Patients

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OBJECTIVE

Identify whether reductions in hypoglycemia have been sustained among critical care patients receiving insulin infusion therapy managed using the technology-enabled eGlycemic Management System® (eGMS®).*

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METHOD

Grady Hospital, a 640-bed academic medical center in Atlanta, Georgia, conducted a retrospective review of critical care patients with persistent hyperglycemia >180 mg/dL who received insulin infusion therapy in an ICU (medical, surgical, cardiovascular neuroscience or burn) or step-down unit.

The primary endpoints were percentages of blood glucose readings (BGs) <40 mg/dL and <70 mg/dL.

The review compares patients whose therapy was managed using eGMS® to those whose therapy was managed using standard protocols ("usual care").

Data was collected for the period of October 2016 through December 2019. (NOTE: (eGMS® was implemented at Grady Hospital the month of December 2016.)

This review is in follow up to a previous review in which data was collected for the period of October 2016 through December 2018. Usual care endpoints of 0.44% BGs <40 mg/dL and 2.44% BGs <70 mg/dL were carried forward from the previous review to this review.

CONCLUSION

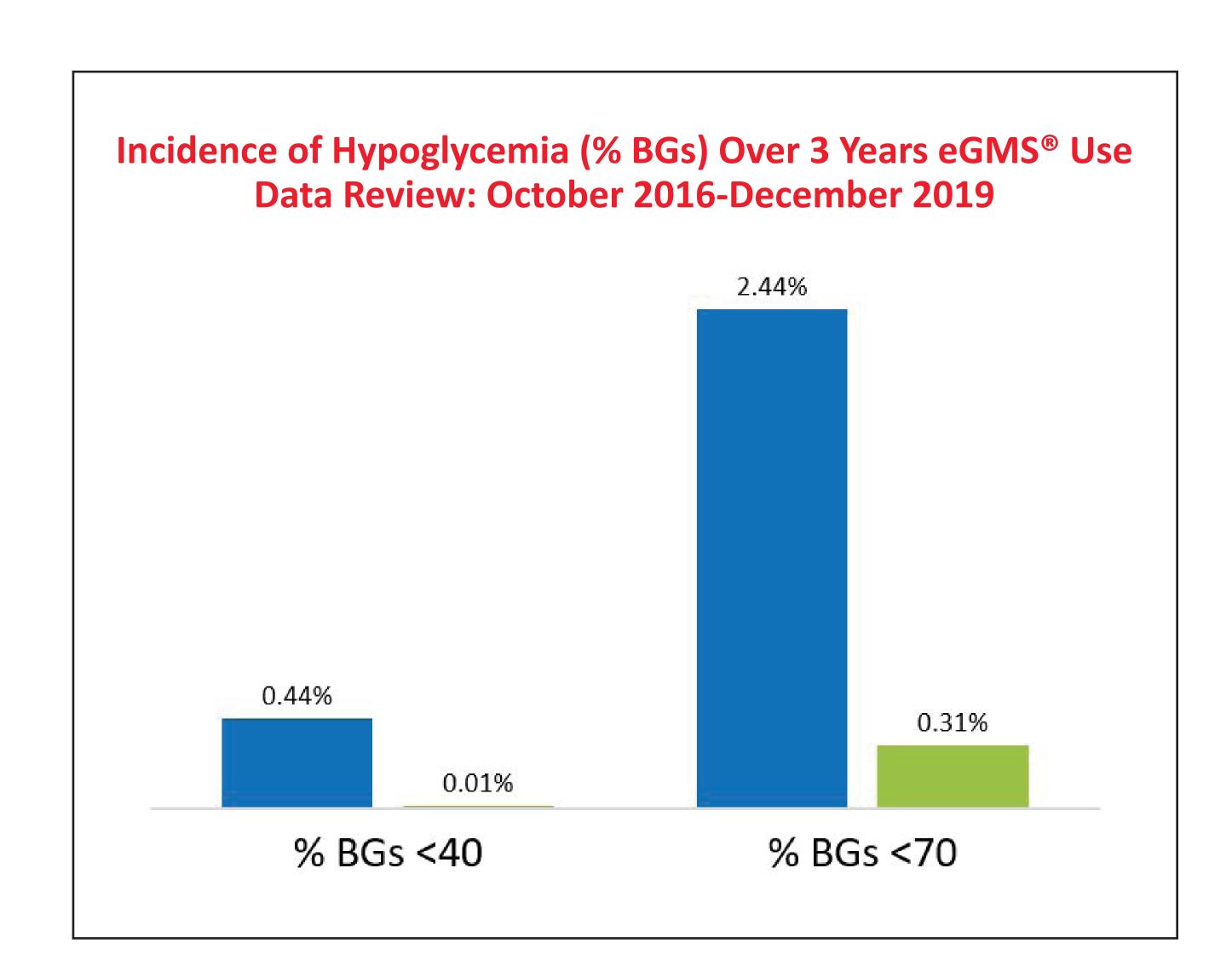
Reductions in hypoglycemia among critical care patients receiving insulin infusion therapy can be achieved and sustained effectively and efficiently using the technology-enabled eGlycemic Management System® (eGMS®), with 98% lower incidence of BGs <40 mg/dL when compared to usual care and 87% lower incidence of BGs <70 mg/dL.

RESULT

Reductions in hypoglycemia among critical care patients receiving insulin infusion therapy using eGMS® have been sustained over the three-year period since the system was implemented at Grady Hospital.

The average percentage of BGs <40 mg/dL within the eGMS® population was .02% over the initial (previous) review period of October 2016 through December 2018 and was 0.01% over the (extended) follow-up review period of October 2016 through December 2019. This compares to a rate of 0.44% within the usual care population.

The average percentage of BGs <70 mg/dL within the eGMS® population was 0.32% over the initial (previous) review period and was 0.31% over the (extended) follow-up review period. This compares to a rate of 2.44% within the usual care population.



- Intravenous Insulin Infusion Therapy Managed With Standard Protocols ("Usual Care")
- Intravenous Insulin Infusion Therapy Managed With eGMS®

