Glytec\* **TIME TO** *The Glycemic Management Journey* 

# Preparing for CMS Glycemic Measures

Leveraging Quality Improvement

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10.25.2023

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# Inpatient Glycemic Control Preparing for CMS eCQMs and NHSN Metrics

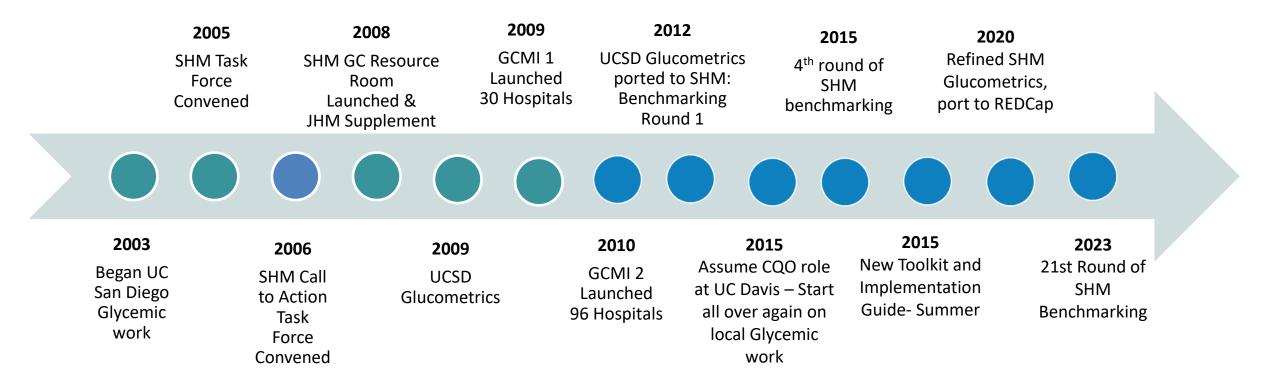
### The CQO Perspective

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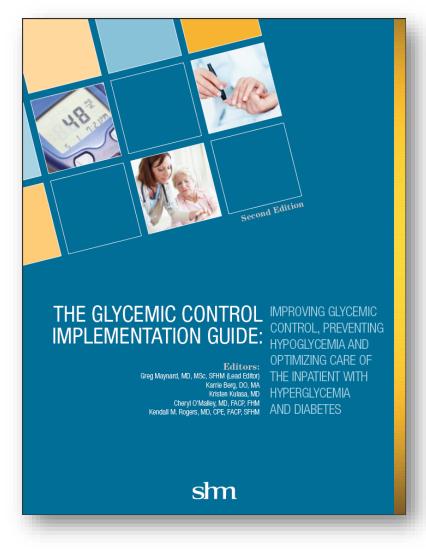
## **Glucometrics** Timeline

### My history is intertwined with the Society of Hospital Medicine (SHM)



# **Available at No Charge**

#### www.hospitalmedicine.org/gc

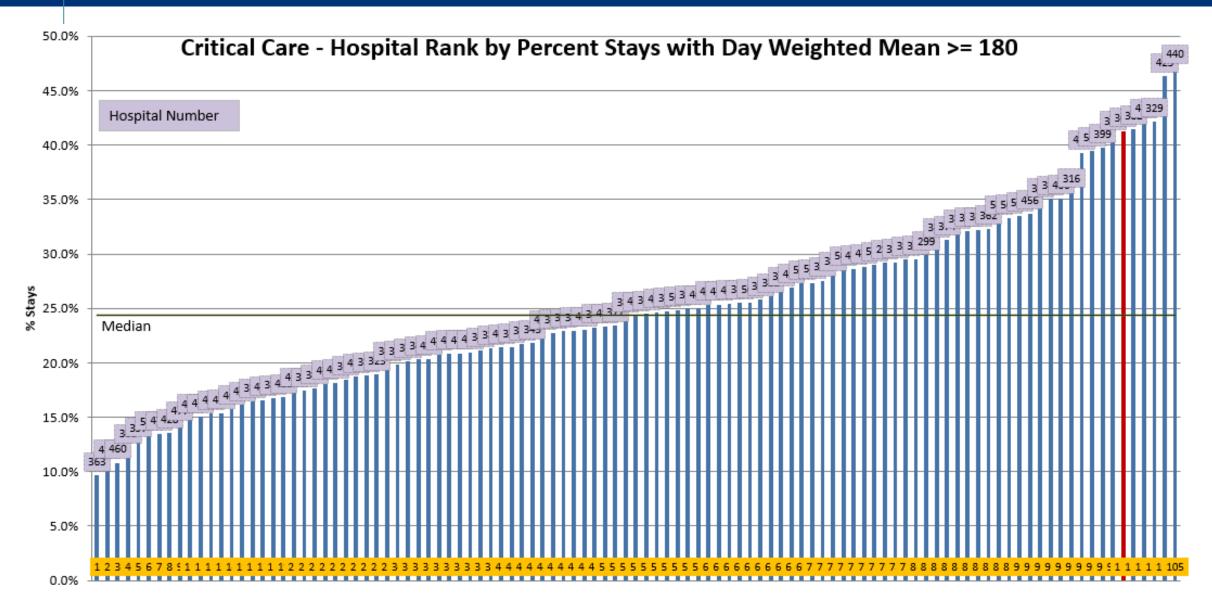


- Best Practice Review
- Assess Current State
- Metrics and Data Collection
- High Performing Teams
- SC Insulin Orders / Protocols
- Insulin infusion protocols
- DKA protocols / order sets
- Perioperative DM management
- Transitions and Reliability
- Education programs
- Hypoglycemia reduction bundle
- Coordination of nutrition / insulin
- Insulin pens
- Insulin pumps
- Example order sets and tools

### Glucometrics - Why Measure?

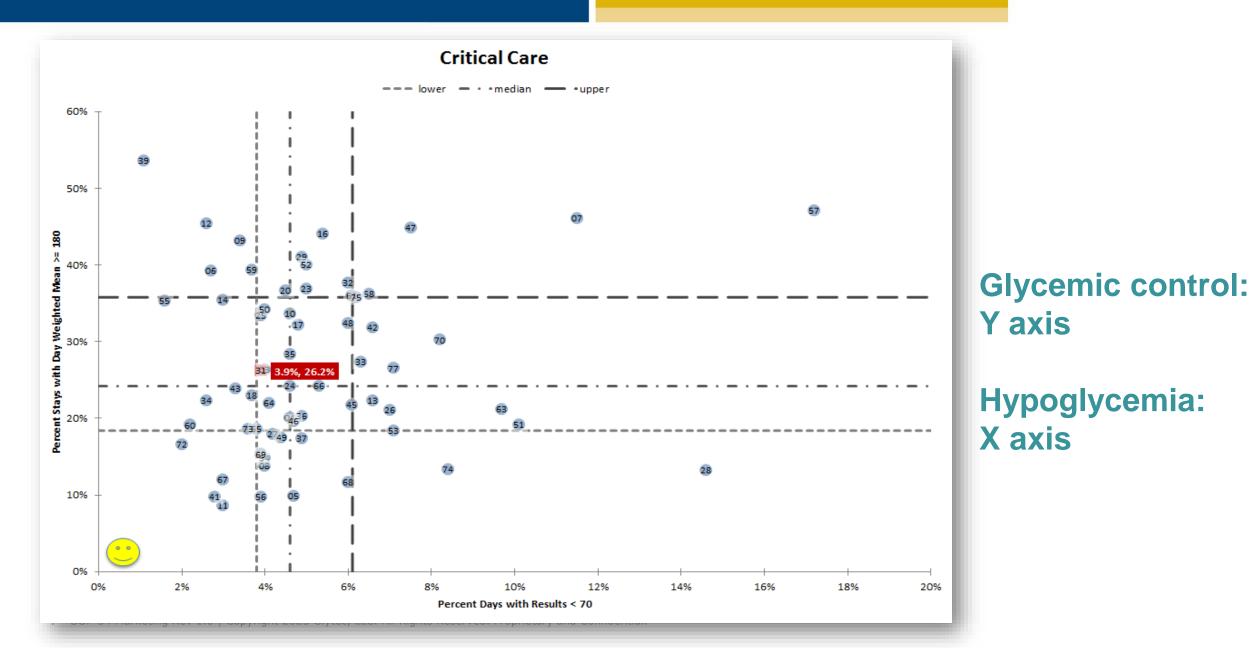
- Assess baseline, garner support
- Assure staff of safety and effectiveness of change
- Track progress over time
- Compare like units to each other
- Prioritize efforts
- Assess trade-offs hyper- and hypo- glycemia
- Benchmark, compare yourself to other hospitals
- Use real time measures for active surveillance (aka measure-vention)

#### Example Terrible Ten Site - Critical Care Note Extreme Variability Ranking Bar Chart



### SHM Benchmarking

### Scatterplot



### Inpatient Glycemic Control and Hypoglycemia Huge variation across hospitals

- Prioritization varies
- Until now, no national metrics
- Not publicly reported, not part of HAC Reduction programs
- Multiple inpatient providers with variable training, knowledge, and interest
- Only a minority of hospitals have reliable metrics to gauge performance
- High performing sites have passionate leaders with dedicated time, an interdisciplinary work group, support for metrics and EHR tools with standardization
- Support for glycemic control efforts dependent on local environment and history
  - Prior serious adverse drug event
  - Influential staff or patient have made it a priority
  - Availability of effective leadership
  - Institutional will to standardize care
  - Availability of tools to help standardize care and monitor results

### NQF 3503e Hospital Harm – Severe Hypoglycemia

Includes both laboratory and POC BG values.

#### Numerator

 Number of admissions with BG < 40 mg/dL preceded by an ADD within 24 hours of event

#### Denominator

 Number of inpatient admissions with ≥ ADD administered

#### Exclusions

- Possible spurious events (repeat read within 5 minutes > 80 mg/dL)
- Patients < 18 years of age

### NQF 3533e Hospital Harm – Severe Hyperglycemia

Balancing measure approved by NQF – Events in first 24 hours and day of discharge excluded

#### Numerator

 Number of inpatient days with a BG > 300 mg / dL

#### Denominator

 Qualifying inpatient hospital days for patients 18 years of age or older at admission

#### Population

- ≥ 18 years on admission and discharged during measurement period
- Either a diagnosis of DM OR
- Administration of at least one dose of ADD OR
- At least one BG ≥ 200 mg/dL at any time during encounter

### Impact on Hospitals Hospital Inpatient Quality-Reporting (IQR) Program

#### How eCQMs are used

- P4R quality program that reduces payments to hospitals that fail to meet program requirements
- Subject to 25% reduction of Annual CMS payment for failure to report
- CMS is removing 5 measures (that are now routinely met) and replacing them with 5 new metrics, including the Severe Hypo- and Hyper- glycemia measures
- Reporting begins CY 2023 / FY 2025 payment determination
- Hospitals need to pick 3 measures to report on, in addition to mandatory opioid metric
- They will have 7-9 to pick from, so not all hospitals will choose to report on the glycemic metrics

### Impact on Hospitals Financial, Reputational, and Reporting Impact

#### Your results may vary

- Financial impact of not meeting measures varies by size of hospital and proportion of patients with Medicare
- Impact can easily run into the millions
- Measures can be included in CMS Stars reports, Leapfrog, Vizient, HAC Reduction programs, and more
- Expect the eCQMs to garner more interest and support for glycemic control teams and tools that encourage more appropriate use of insulin
- Fairly straightforward to follow all <u>eCQMs</u> at your site, even if you don't report to CMS (providing you adhere to standard build from your EHR vendor)

CQO view – Metrics raise visibility whether we choose the 2 new metrics or not

### CQO view – Metrics raise visibility whether you choose the 2 new metrics or not.

#### 2023 ORYX® Performance Measure Reporting Requirements:

Hospital Accreditation Program (HAP) and Critical Access Hospital Accreditation (CAH) Program

	y Type: Hospitals with ≥26 Licensed beds						
Measure	Measure Short Name	2023 ORYX Measures	Measure Data Source	Publicly Reported (Quality Check)	CMS Hospital IQR CY 2023	Additional Comments	
REQUIRED	CHART-ABSTRACTED MEASURES 1.2						
PC-01	Elective Delivery	Required if HCO provides OB services	Chart	Yes	Yes	<sup>2</sup> HCOs that do not provide Obstetrical services are not	
PC-02	Cesarean Birth	Required if HCO has	Chart	Yes		required to submit	
PC-05	Exclusive Breast Milk Feeding	≥ 300 live births	Chart	Yes		alternative chart-abstracted measures but may do so if	
PC-06	Unexpected Complications in Term Newborns	annually	Chart	Yes		they wish.	Green –
OPTIONAL	CHART-ABSTRACTED MEASURES						
ED-1	Median ED Arrival to ED Departure-Admit	Optional	Chart	Yes	No	If an organization submits	Reported
ED-2	Admit Decision Time to ED Departure-Admit	Optional	Chart	Yes	No	optional measures 1Q2023,	reported
HBIPS-2	Physical Restraint	Optional	Chart	Yes		they are required to submit	
HBIPS-3	Seclusion	Optional	Chart	Yes		those measures for the remainder of the calendar	
HBIPS-5	Antipsychotic Medications at Discharge	Optional	Chart	Yes		year.	
0P-18	Median ED Arrival-ED Departure at Discharge	Optional	Chart	No	OQR	,	
0P-23	Head CT or MRI Scan Results-Stroke	Optional	Chart	No	OQR		
IMM-2	Influenza Immunization	Optional	Chart	Yes		1 1	
SUB-2	Alcohol Use Intervention	Optional	Chart	Yes			
SUB-3	Alcohol & Drug Use Treatment at discharge	Optional	Chart	Yes			
TOB-2	Tobacco Use Treatment	Optional	Chart	Yes			
TOB-3	Tobacco Use Treatment at discharge	Optional	Chart	Yes			
VTE-6	Hospital Acquired VTE	Optional	Chart	No			
AVAILABLI	E eCQMs: Select 4 measures for all four (4) quarter		olded)				
eED-2	Admit Decision Time to ED Departure-Admit	Available	eCQM	No	Yes		
eOPI-1	Safe Use of Opioids	Available	eCQM	No	Yes		
ePC-01	Elective Delivery	Available	eCQM	No		<sup>1</sup> See notes in eCQM/CAM	Blue –
ePC-02	Cesarean Birth	Available	eCQM	No	Yes	sections on page 2 regarding	
ePC-05	Exclusive Breast Milk Feeding	Available	eCQM	No	Yes	submitting eCQM instead of CAM to meet PC requirement	Reported
ePC-06	Unexpected Complications in Term Newborns	Available	eCQM	No		CAM to meet PC requirement	Reputed
ePC-07	Severe Obstetric Complications	Available	eCQM	No	Yes		
eSTK-2	Discharged on Antithrombotic Therapy	Available	eCQM	No	Yes		
eSTK-3	Anticoagulation Therapy	Available	eCQM	No	Yes		
eSTK-5	Antithrombotic Therapy / Day 2	Available	eCQM	No	Yes		
eSTK-6	Discharged on Statin Medication	Available	eCQM	No	Yes		
eVTE-1	Venous Thromboembolism Prophylaxis	Available	eCQM	No	Yes		Yellow -
eVIE-2	ICU Venous Thromboembolism Prophylaxis	Available	eCQM	No	Yes		
eHH-01	Hospital Harm–Severe Hypoglycemia Measure	Available	eCQM	No	Yes		Under v
eHH-02	Hospital Harm–Severe Hyperglycemia Measure	Available	eCQM	No	Yes		
eOP-40	ST-Segment Elevation Myocardial Infarction	Available	eCQM	No	OQR		roportin
	(STEMI)						reportin

d chart-abstracted measures



alidation, considering for future

You need more than these eCQM measures

- These measures only tell you how often you have "run off the road" (never) events
- Helpful in gaining support and attention, but not very helpful for informing improvement
- No analyses by units or services (eCQMs lump critical care and acute care units together)
- No risk adjustment (hospitals with more complex patients and longer LOS will be penalized)
- No measures for < 70 mg/dL or < 54 mg/dL (neuroglycopenia)</p>
- No measures for timeliness of treatment or recurrent hypoglycemic events during an admission
- No measures for in-range
- No measures for insulin use patterns

# You Need Robust Local Metrics to Drive Improvement

Home grown or purchased

- Monthly / quarterly reporting
- Benchmarking against others
- Real time reporting (active surveillance or measurevention)
- Separate reporting for critical care and acute care units (or infusion vs subcutaneous insulin)

If you have them, add support, if not, get them

- Dedicated, empowered, interdisciplinary team
- Protocols and standardization, embedded in to EMR order sets and workflows
- Tools that nudge and provide clinical decision support
- Active surveillance
- Multiple areas (critical care, acute care, perioperative setting, transitions)
- Institutional support and aligned incentives

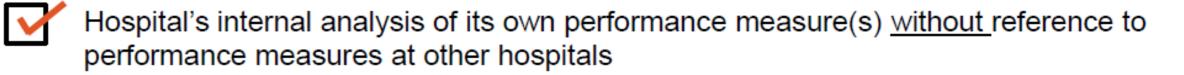
# NHSN Hypoglycemia Initiative – Goals & Objectives

- Goal: To establish an EHR- and vendor-neutral standard for submitting inpatient hypoglycemia data electronically to <u>NHSN</u>
- Objectives:
  - Support U.S. hospitals in measuring hypoglycemia to improve glycemic management
  - Facilitate benchmarking of hypoglycemia rates for U.S. hospitals
- Partners:
  - Hospital clinician, healthcare quality improvement, and patient safety stakeholders
  - EHR system vendors, HL7/healthcare standards and public health groups
  - Lantana Consulting Group

### NHSN Adverse Drug Event Inpatient Hypoglycemia Module

- NHSN recognizes shortcomings of current eCQMs
- They will replicate eCQMs, and will also add-
  - Measures by patient-day *and* patient-stay units of analyses
  - Measures with more cut-offs (<54 mg/dL, <70 mg/dL)</li>
  - Analyses by individual units and groups of like units
  - Risk adjustment (institutional and patient variables)
  - More measures aligned with SHM methodology
- HL7 Implementation guide has been published for hospitals and vendors
- This will turbocharge interest in inpatient glycemic efforts and broaden public reporting
- ETA- Beta-testing now. Roll out slated to start later this year.

### Inpatient Hypoglycemia as a Patient Safety and Quality Improvement Aim — Focusing *First* on Internal Use of Performance Measures by Hospitals





Hospital's internal analysis of its own performance measure(s) with reference to performance measures at other hospitals



Health system or health agency analysis of hospital performance measure(s) without public reporting of measures



Public reporting of hospital performance measures



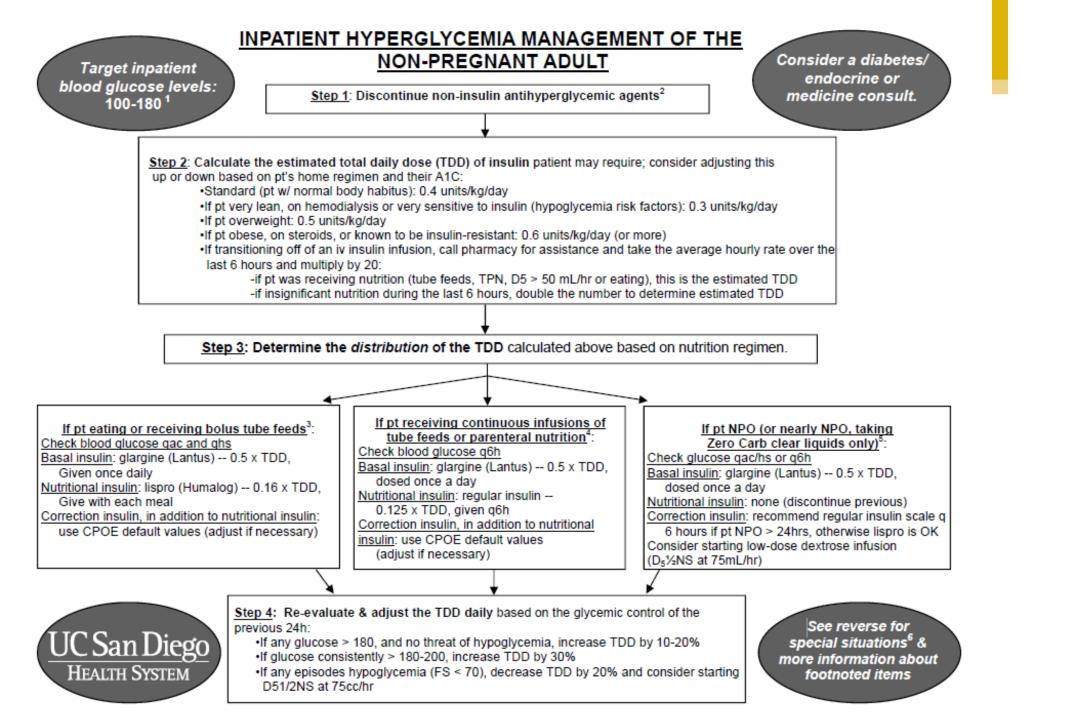
Pay for performance using hospital performance measures



Regulatory or accreditation actions using hospital performance measures

### Jump Start Improvement Efforts Algorithms and Order Set Revision and Alignment

- Review your Subcutaneous Insulin Order sets and Insulin infusion order sets, making sure they offer the correct clinical decision support to reinforce best practice
- Align Order sets with written out best practice algorithm
- Revise order sets in the EMR if required



#### Insulin Terminology:

<u>Basal insulin</u>: long-acting insulin required at all times in patients with Type 1 diabetes (and in most patients with Type 2 diabetes) to maintain euglycemia, even when NPO (hepatic gluconeogenesis can serve as a continuous source of blood glucose).

<u>Nutritional insulin</u>: scheduled short-acting insulin given with a meal, to prevent the glycemic spike that occurs due to carbohydrate ingestion (given even when the pre-meal blood sugar is in the normal range). Also refers to scheduled insulin given to cover the carbohydrate load from tube feeds or parenteral nutrition.

<u>Correction insulin</u>: short-acting insulin meant to lower high blood sugars given in addition to scheduled nutritional insulin, also given to treat hyper-glycemia in NPO patients. If correction insulin dose is consistently required, consider increasing TDD insulin.

#### 1- Target blood glucose range

For patients on insulin, pre-meal blood glucose target is 100-140 mg/dL with a random blood glucose target of less than 180 mg/dL. Less stringent targets may be appropriate in patients with severe comorbidities (i.e., endstage disease or in whom hypoglycemia is a significant concern.)

#### 2- Stopping oral medications

Oral anti-hyperglycemic agents and injectable non-insulin therapies are not indicated for the management of inpatient hyperglycemia. Adjustments in these oral medications take too long to be effective in the hospital and most oral medications have significant side effects or contraindications in the hospital setting.

#### 3- For patients eating meals or receiving bolus tube feeds

Glargine insulin is the most physiologic basal insulin and is recommended in these patients. Lispro insulin is more appropriate than regular insulin for nutritional doses due to its shorter, more predictable half-life and correspondence with meal times. Using the subcutaneous insulin orderset will allow for adjusted doses based on percent nutritional intake.

### 4- For patients receiving continuous enteral or parenteral <u>nutrition</u>

A. Consider using an insulin infusion for optimal control in this setting. Keep insulin separate from TPN until a stable dose is reached.

**B**. Glargine insulin is the most physiologic basal insulin and is recommended in these patients. Regular insulin is recommended as the nutritional insulin. Because of its longer half-life, it is better suited to continuous nutritional sources and can be dosed q6h I nstead of q4h.

**C**. If the tube feeds or parenteral nutrition are held or interrupted, the nutritional regular insulin doses should also be held. See: "Nutrition on Hold Unexpectedly Guideline."

#### 5- For the NPO patient

Glargine insulin is the most physiologic basal insulin and is recommended in these patients. Nutritional or scheduled short-acting insulin should not be given to patients without a nutritional source. Correction insulin should be used to correct hyperglycemia when a patient is NPO. If NPO greater than 24 hours, regular insulin is recommended.

#### 6- Special Situations

 A. If patient is receiving nocturnal tube feeds, utilize the Nocturnal Tube Feeding orderset with scheduled regular insulin coverage.
 B. If transitioning off of IV insulin infusion, see Step 2 of chart, call pharmacy for assistance, utilize the insulin drip calculator, and/or reference "Transition from IV to SQ Insulin Protocol."

#### 7- Discharge Planning

A. Consider Endocrine/Diabetes consult for diabetes management and education.

**B**. Reference "Transition Guide: Inpatient to Outpatient Regimen" when determining discharge medications/home regimen.

### Jump Start Improvement Efforts Make Glycemic Control and Hypoglycemia Prevention Visible Institutional Goals

- Engage key physician groups (hospitalists, pulmonary critical care physicians, important surgical groups, and residency PDs / chief residents)
- Consider targets, goals, and incentives around glycemic control, appropriate insulin use
- Demonstration projects that confirm the order sets, used appropriately, are safe and effective. (Prove it works safely then spread)
- Set expectation that order sets will be used and not inappropriately bypassed
- Discourage use of sliding scale insulin as sole therapy for patients with Type 1 DM or persistent hyperglycemia > 180.
- Support an actionable glycemic target, e.g., if BG > 180 mg/dL x 2, patient should be started on insulin infusion (if in ICU) or basal / bolus insulin (if on acute care unit).
  - PR campaign the reinforces the actionable glycemic target, for example:
     "Let's Do a 180!" or "180 x 2, there's something to do!"

### Jump Start Improvement Efforts Active Surveillance and Hypoglycemia Prevention

- Support nursing and physician education re: most common causes of iatrogenic hypoglycemia
- Support EMR / nursing changes to build assessment of contributors to hypoglycemia into hypoglycemia management protocol, along with steps to mitigate risk of subsequent hypoglycemia
- Support real time identification of uncontrolled hyperglycemia and pending / current hypoglycemia, along with personnel to triage these cases and intervene in near real time

## STROKE CODE - June 10

00-	Glucose																		?
Patient Summary	🖛 📓 Index 📲 SnapSho	it 📳 Vitals	Glucose	I/O A	I 📑 Res	ults Since A	dmit									Report:	Glucos	e	
Chart Review	Hover over any graph point	nt to see the	e associated	value.															
Synopsis	Glucose Management [ 06	5/08/11 0800	- 06/13/11 235	9 ] in 8hr int	lerval								100						
Results Review	Today 📑 🗄							06/0	)8/11 - (	06/13/1	1		>						
			00100	_	0.010.0			0040			00144			00140		_	00140	<u>24 Hrs</u>	<u>8 Hrs</u> 4
Allergies	Date: 8 Hrs:	08	06/08	00-08	06/09 08-16	16-00	80-00	06/10 08-16	16-00	80-00	06/11 08-16	16-00	80-00	06/12 08-16	16-00	80-00	06/13 08-16	16-00	
History	Glucose (mg/dl)		10 10.00	00-00	00-10	10-00	00.00	00-10	10.00	00-00	00-10	10-00	00-00	00-10	10-00	00-00	00-10	10-00	
Problem List	POCT Glucose (mg/dl	500		-	BC	3 =	8				r			1	1	1	1	r	500
Medications	II Glucose (mg/dL)	400	1			J —	•		0										400
Doc Flowsheets		300 200 100			-	<u>.</u>	****				_	2.		$\sim$	2	-	~		- 300 - 200 - 100
Intake/Output		0				- V	780									-	-	1	-0
MAR	POCT Glucose		110 378			128	20.4	173	166		240	17.0	177	22.4	107				
Notes	Glucose		110 378	122	110		204	1/3	1004	194	248	151	10	234	197	150	197	234	
	Insulin (units)																		
Order Review		12 10							1		1								<b>∓</b> <sup>12</sup> <sub>10</sub>
Order Entry		8		-												-			8
Orders (Inf Ctr)		4																	-4 -2 -0
Admit-Txfr-Disch	Antidiabetic insulin glargine Soln(Units)		->	8		> 48			35			37			3	7		37	
Rounding + Consult	insuin Ispro Soln(Units)		-	8	8	16		3	10		6	9	5	15		5 7	14		5

### **Recurrent hypoglycemia on same insulin doses** for several days preceding stroke code

00-	Glucose																			?
Patient Summary	🖛 📓 Index 📲 SnapSh	ot 📙 Vit	tals 📳	Glucose	📔 I/O All	Re	sults Since	Admit									Report:	Glucose		
Chart Review	Hover over any graph po	int to see	the ass	ociated v	alue.		/	_					-	-						
Synopsis	Glucose Management [ 0	6/03/11 00	00 - 06/0	8/11 1559	] in 8hr inte	erval	6							3						
	Today 🖪 🖪								06/	03/11 -	06/08/1	1								
Results Review									-			-							24 Hrs	8 Hrs 4 H
Allergies	Date:			06/03			06/04			06/05			06/06			06/07		06	122	
History	8 Hrs: Glucose (mg/dl)		80-00	08-16	16-00	80-00	08-16	16-00	80-00	08-16	16-00	80-00	08-16	16-00	80-00	08-16	16-00	80-00	08-16	
Problem List	POCT Glucose (mg/dl	500 -								1	-	1	-		-					- 500
fedications	II Glucose (mg/dL)	400 -													-		-			- 400
		300	~	1	-													-2		- 300
Doc Flowsheets		100		•					~		***		-	1				-11-	~	100
ntake/Output		0 +			-											1	-	-		-0
MAR	Glucose     POCT Glucose			271	273	12	2 200	166	67	140	161	8	115	240	60	199	192	204	110	
lotes	Glucose								1			1			1			172		
	Insulin (units)	10										194								10
Order Review		12 10 +													-					-12 10
Order Entry		ŝ				-														-6
Orders (Inf Ctr)		2																		2
Admit-Txfr-Disch	Antidiabetic						-			1.000			_							
Rounding + Consult	insuln glargine Soln(Units) insuln ispro Soln(Units)			168	48		18	48			48	8	16	48	5	1.00	48			

### Proposed CDS Display for hypoglycemia evaluation – Federal Interagency Workgroup to prevent ADE

Report etiology of hypoglycemic event after event resolution

Etiology of hypoglycemic event

Nutritional interruption without reducing insulin or adding carbohydrate

Prior hypoglycemic event without medication or carbohydrate a djustment

Excessive basal insulin dosing that inappropriately covered nutritional needs, as well as basal needs

Glycemic target that is too stringent for patient condition/co-morbidities

Failure to discontinue oral hypoglycemic agents in the inpatient setting

Time interval between testing was too long

Other failure mode:

No preventable factors detected.

#### Report ACTION taken to MITIGATE hypoglycemia

ACTION

Call to reduce hypoglycemic agent

Call to increase CHO

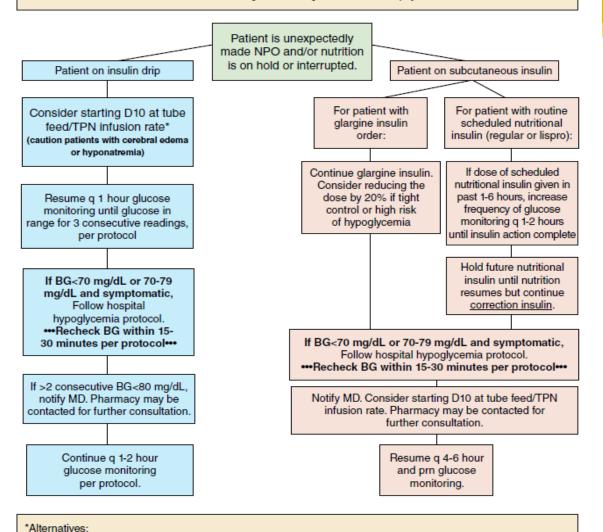
Education/reinforcement of policy/protocols

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°∥ | Other

#### UC San Diego Nutrition on Hold Unexpectedly Guideline HEALTH SYSTEM

This algorithm is a guideline. Contact physician for orders.



 Decrease Rate of Insulin Drip - Contact pharmacy to decrease insulin drip Insulin Sensitivity Coefficient (ISC): If drip > 6 units/hr → decrease ISC by 50% and adjust per insulin protocol If drip < 6 units/hr → decrease ISC to 0.01 and adjust per insulin protocol

2. Stop insulin drip and start subcutaneous insulin correction scale insulin with q2-4h monitoring. Suggest administering lispro q4h or regular insulin q6h. (Patients with Type 1DM need basal insulin at all times, do not use correction scale only for Type 1DM.)

3. Call Pharmacy for assistance

Nutrition on Hold Unexpectedly (5-29-14)

#### Hypoglycemic? Critical Thinking to prevent next episode!

	ister,Reginald								SD PLAY
Zzrxipmas MRN: <e197965< th=""><th>s<b>ter, Re</b> 62 year old, 11/29/1 <sub>9&gt;</sub> Male</th><th>1951 HC 11-EAST 1102</th><th>Case #: None Cvg: None</th><th></th><th>ergies: Latex de: Not on file</th><th>Iso: None Inf: None</th><th>Attend Prov: JOSHUA, A Pref Language: None</th><th><mark>장</mark> 🏝 MyUCSDChart</th><th>1</th></e197965<>	s <b>ter, Re</b> 62 year old, 11/29/1 <sub>9&gt;</sub> Male	1951 HC 11-EAST 1102	Case #: None Cvg: None		ergies: Latex de: Not on file	Iso: None Inf: None	Attend Prov: JOSHUA, A Pref Language: None	<mark>장</mark> 🏝 MyUCSDChart	1
•	Doc Flowsheets							? R	tesize 🗢
Patient Summ		n <b>4</b> n 🖳 Insert Col Show Device Data	Compact L <u>a</u> st File		anta Consulta 🗸 Marti	🛃 🗸			
Chart Review	Eile Add LDA Add Col	Insert Coll Show Device Data	Compact L <u>a</u> stFile						
Synopsis	Vital Signs Intake/Output	IV Assessment Head to To	e Assessment 🕺 Neuro A	ssess Daily Care	Glycemic Cdytrol -			lycemic Control - PC	2 🖉
Results Review	Glycemic Control - POCT	Mode: Accordion Expanded Vi		_			10/13/14 2200		
Allergies	Reference Ranges - Ad 🔽			1 30m 1h <mark>2h</mark> 4h 8h IC10-E	24h Based On: 0600	Reset Now	Possible Contributing Indi	cators Identified	1
History	Hyperglycemia 🔽			0/13/14			Select Multiple Options: (F5)	1	Y
Code Docume	Hypoglycemia protocol Hypoglycemic Event		2	2200			TF Stopped	,	
Medications		Reference Ranges - Adult:	(fasting, non- diabetic)	70-115 mg/dL. Neo	onate: 45-170 mg/d	L	NPO		
Medications		POC Glucose (mg/dL) Hyperglycemia					Decreased Steroids Increase Activity	1	
Doc Flowsheets		Is the Value Greater than	or Equal to 500?				Poor PO Intake		
Intake/Output		Source of Draw					TPN Changes	1	
MAR		Is the value a suspected error	neous blood sugar?				Disease Process Emesis		
Notes		Hypoglycemia protocol	a hypoglycemia?				Other (Comment)		
Patient Educati		Source of Draw					oursement (E6)		
Care Plan		Is the value of overposted error						▼ )	
Order Review		Given State Contributing Hypoglycemia protocol/ac Possible Contributing Indicate		٦P		Ĭ			
Order Entry		Hypeglycemic Event - Bloo	d Sugar Rechecks						
Order Mgmt		15 to 30 minute Blood Sugar	· · · ·						
Duracial and Marking		15 to 30 minute Blood Sugar	Recheck (second)						
Provider Notific									
Procedures-OR									
Admit-Txfr-Disch									
ShiftAssessm									
More Activitics	Cheak All Linabaak All								
1.0   More Activities •	Check All Uncheck All		.,			•			[]

# **Active Surveillance**

- Identify patients with a potential deficit in care, who are in the hospital *right now*.
- Triage tools to quickly determine if the patient is truly uncontrolled or "off protocol".
- Intervene to bring onto protocol, reduce risk of glycemic excursions and continued deficits in care, provide 'just in time' education.

aka "measure-vention" or "active surveillance"

### Iatrogenic Hypoglycemia

- Inappropriate prescribing
  - Standardized orders with embedded CDS mandatory use
  - Ongoing monitoring for inappropriate prescribing, just in time intervention
- Failure to respond to unexpected nutritional interruption
  - Protocols and Education
  - Methods to reduce interruptions in tube feeding
- Poor coordination of nutrition delivery, monitoring, and insulin delivery
  - Clear directions in protocols and order sets
  - Regular education / competency training
  - Redesign process
- Failure to respond to a prior hypoglycemic day
  - Make sure ASSESSMENT is part of hypoglycemia protocol
  - Competency and case based-training
  - Monitor recurrent hypoglycemia rates

- CMS eCQM metrics raise awareness, but can't drive improvement efforts
- NHSN metrics coming soon high quality metric that can drive change and lead to benchmarking
- Improved metrics will lead to inclusion of glucometric performance in P4R and P4P programs in the future
- Start now! This is a barge, not a speed boat.
- Use proven strategies and tools to jump start improvement.



# **Thank You! Questions?**

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# Agenda

- Why the momentum?
- What will the regulatory landscape look like?
- How Glytec uses data to drive change

# Why the momentum?

#### Growing population of diabetes & hyperglycemia

- 11% US population
- 30-40% in the hospital
- 50% in the critical care area with hyperglycemia

# We are not paying attention

- Lack sufficient glycemic data
- Known solutions often not implemented

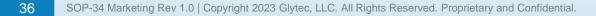
# We are not doing well

- High variation in outcomes
- Preventable Hypoglycemia

https://www.cdc.gov/diabetes/data/statistics-report/index.html. Accessed [10/19/23] Umpierrez G et al, J Clin Endocrinol Metabol 87:978, 2002



 Hospital Metrics
 eCQMs
 The Joint Commission Certification





# Hospital Metrics eCQMs The Joint Commission Certification

 CDC/NHSN Measures
 Leapfrog Certification Announced Fall 2023
 CMS eCQM Updates Likely
 Mandatory instead of elective
 Pay for Reporting
 Pay for Performance

# Glucometrics with Glucommander Analytics & Dashboards





What glycemic metrics do regularly receive at your hospital?



# Often very minimal

2 measures
• <40 mg/dl
• <70 mg/dl</pre>

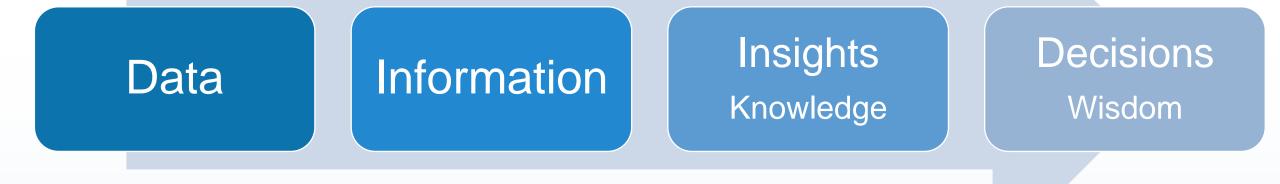
# **1 format%**BGs

Few filtersHospitalUnit



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## Analytics lifecycle Evolving from information to actionable insights

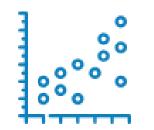




## Types of Measures



## Forms of Data



## Scatter Plots (comparisons)



Run Charts (over time, control limits)



#### **Pareto Charts**



## **GlucoMetrics powered by Glytec** Numerous metrics, multiple formats and filters

- Utilization
- Patient Day, Stay, % BGs
  - Hypoglycemia (<40, <54, <70)
  - Hyperglycemia (>180 >250, >300)
  - In Range
- Outcomes by Target Range
- BG Timeliness (IV Insulin)
- Average Admission/Discharge BG
- Average BG
- # of BGs
- Other Reports
  - Real Time Data
  - Time to Target
  - Hypoglycemia Recheck

FILTERS 1. Date Range 2. Treatment type (IV, SubQ) 3. Unit 4. Facility 5. Category 6. Specialty



# GlucoMetrics



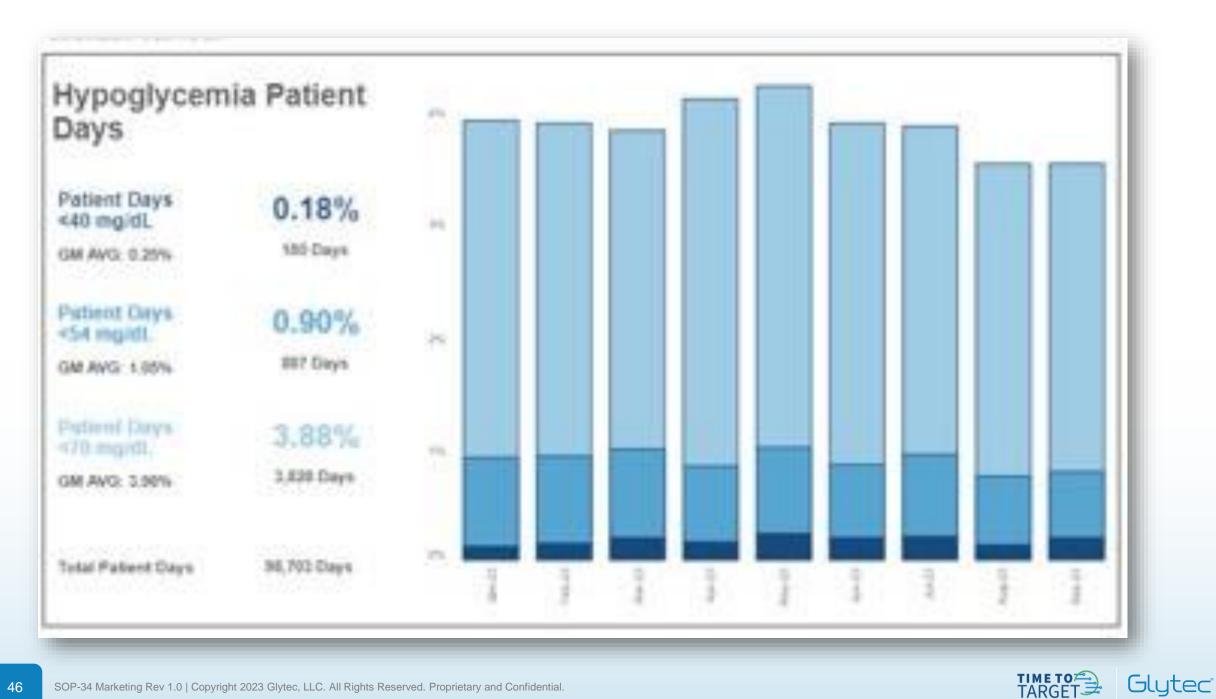


## **Overview Dashboard**









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## GlucoMetrics Future State: Improved Analytics

- Dashboards aligning with CMS measure
  - >300 mg/dl exclude 1<sup>st</sup> 24 hours (patient day)
  - <40 mg/dl exclude if within 24 hours of insulin (patient stay)</li>
- Baseline analysis
  - Outcomes prior to implementing Glucommander
- Additional process metrics drive actionable insights
  - Ordering information
  - Workflows (e.g. mealtime triad)
  - Hypoglycemia Recurrence and Recheck Timeliness



## GlucoMetrics Roadmap: What's next for you?





### Glytec

## **TIMETO** TARGET Journey

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